## Food Scientist Tasting Scorecard By Theresa Laurenz, MS, RD, LDN

Example for Stir Fry Broccoli with Teriyaki Sauce	Sample		
Circle Words that Describe Appearance	Circle Words that Describe Appearance		
nom a	NVM-BA -		
Tenow Orange Rea rarpie	Tenow Orange Rea Fulpic		
Blue Green Brown Black Other:	Blue Green Brown Black Other:		
Dull Bright	D.H.		
Dun	Dull Bright		
Does the food remind you of something? Draw it.	Does the food remind you of something? Draw it.		
W			
Little Tree	D. I.A.		
Rank Appearance:  1 2 3 4 5 6 7 8 9 10	Rank Appearance:  1 2 3 4 5 6 7 8 9 10		
Unappealing Okay Great!	Unappealing Okay Great!		
Circle Words to describe Texture/Tenderness	Circle Words to describe Texture/Tenderness		
Mushy Soft Smooth Rubbery Gritty Stringy Hard	Mushy Soft Smooth Rubbery Gritty Stringy Hard		
Crunchy Sticky Fizzy Flaky Fluffy Other:	Crunchy Sticky Fizzy Flaky Fluffy Other:		
Rank Texture/Tenderness:	Rank Texture/Tenderness:		
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	1 2 3 4 5 6 7 8 9 10		
	⊗ ⊜ ⊚		
Unappealing Okay Great!	Unappealing Okay Great!		
Circle Words to Describe Smell	Circle Words to Describe Smell		
Floral Musky Rotten (Sweet) Citrus (Mild) Strong	Floral Musky Rotten Sweet Citrus Mild Strong		
Other: Rank Smell:	Other: Rank Smell:		
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10		
Unappealing Okay Great!	Unappealing Okay Great!		
Circle Words to Describe Taste/Temperature	Circle Words to Describe Taste/Temperature		
Bland Sour Bitter (Sweet) Salty Savory Rich	Bland Sour Bitter Sweet Salty Savory Rich		
Spicy Cool Warm Hot Other:	Spicy Cool Warm Hot Other:		
Rank Taste:	Rank Taste:		
1 2 3 4 5 6 7(8)9 10	1 2 3 4 5 6 7 8 9 10		
	(a) (b) (c) (c) (d) (d) (d) (d) (d) (d) (d) (d) (d) (d		
Unappealing Okay Great!	Unappealing Okay Great!  Circle Words to Describe Aftertaste		
Circle Words to Describe Aftertaste  Mild Moderate Strong	Mild Moderate Strong		
(taste does not linger) (taste lingers for > 1 minute)	(taste does not linger) (taste lingers for > 1 minute)		
Rank Aftertaste:	Rank Aftertaste:		
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10		
⊗ ⊜ ⊙	⊗ ⊜ ⊚		
Unappealing Okay Great!	Unappealing Okay Great!		
Overall Rating (Add all scores and divide by 5):  1 2 3 4 5 6 7 8 9 10	Overall Rating (Add all scores and divide by 5):		
1 1 2 3 4 5 6 7(8)9 10			
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